

PULL LIFT



- Numerous high pulley motions including pulling and press downs, core rotation, assisted squatting and lunging.
 - Numerous lower body movements including squats, lunges, dead lifts and calf raises.
- High pulling and rotational movements can
- be combined with stepping and lunging to incorporate total body 3-Dimensional movements.
- Numerous upper body motions including
- biceps curls, shrugs, rows and presses.
- Low pulling and rotational movements can be
- combined with stepping and lunging to incorporate total body 3-D motions.
- Bilateral or unilateral use.
- Exercises can be performed on or off the platform.

User weight 88 lbs (20 kg) per stack.

PULL LIFT				Model HS-M9202	
stack weight	ship weight	width	length	height	
2 x 176 lbs (2 x 80 kg)	750 lbs (341 kg)	75" (191 cm)	39" (99 cm)	94" (239 cm)	

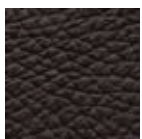
FEATURES AND SPECIFICATIONS

FRAME: Star Trac Silver

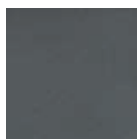
PROGRAMS: Goal specific programs available, ask your sales rep for details.

STANDARD FEATURES: Cable based pulley system, 2 weight stacks, extended cable travel for seated or standing exercises, online programming and educational support.

COLORS:



OR



Brown upholstery with wood trim

Black upholstery with charcoal trim

WARRANTY: Star Trac warrants all framework for a period of 10 years. This limited warranty on structural frame does not include coatings. The following moving parts are warranted for 5 years; rotary bearings, weight stacks, pulleys, guide rods, and structural moving parts. All unlisted parts are warranted for 1 year. Upholstery is warranted for 6 months and is for stitching only.

*Additional restrictions may apply; see your sales representative for detailed warranty information.

*Warranty is subject to change.



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